

Ethan T. Schwab

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EDUCATION

- Ph.D. 2014 Marriage and Family Therapy
Florida State University (FSU)
Tallahassee, FL
- M.S. 2011 Marriage and Family Therapy
Seattle Pacific University (SPU)
Seattle, WA
- B.A. 2008 Psychology
University of Victoria
Victoria, British Columbia

PROFESSIONAL CREDENTIALS

AASECT Certified Sex Therapist

Certificate in Sexual Health, University of Michigan (2014)

Licensed Marriage and Family Therapist, Washington License No. LF60463249

American Association of Marriage and Family Therapists: Approved Supervisor

LEADERSHIP ROLES

2016-2019 Washington Association for Marriage and Family Therapy: Treasurer

TEACHING EXPERIENCE

- 2014-present **Adjunct Professor / Clinical Supervisor**, School of Theology and Ministry,
Seattle University
- Responsible for course development and graduate student instruction in the Master of Arts in Couples and Family Therapy. Courses taught:
 - MCFT 5680 Research Methods
 - MCFT 5560 Clinical Supervision II
 - MCFT 5570 Clinical III

- MCFT 5600 Clinical VI
- MCFT 5710 Psychopathology
- MCFT 5720 Assessment and Diagnosis
- MCFT 5470 Human Sexuality/Sex Therapy

2014-2016 **Adjunct Professor**, Social and Behavioral Sciences: Department of Counseling, Capella University

- Responsible for graduate course instruction in the Master of Arts in Marriage and Family Therapy/Counseling program. Courses taught:
 - COUN 5270 Family Therapy Theory & Methods
 - COUN 5107 Principles of Psychopathology
 - COUN 5232 Systemic Approaches to Gender and Sexuality
 - COUN 5876 Methods of Family Research
 - COUN 5271 Marriage and Family Systems
 - COUN 5004 Survey of Research in Professional Counselling
 - COUN 5273 Couple and Marital Therapy
 - COUN 5336 Counseling Diverse Populations

2011-2014 **Graduate Teaching Assistant / Adjunct Professor**, Family and Child Sciences, Florida State University

Supervisor: Kay Pasley, Ed.D.

- Instructor of record and responsible for all aspects of teaching 3 sections total of the following undergraduate courses:
 - FAD 3271 Ecological Contexts for Individual and Family Development
- Responsible for collaborative course planning, test and assignment preparation, grading, and student mentoring of 7 sections total of the following undergraduate courses:
 - FAD 2230 Family Relationships: A Lifespan Development
 - FAD 3271 Ecological Contexts for Individual and Family Development
(also taught as a distance learning course)
 - CTE 3512 History of Dress

CONSULTING EXPERIENCE

2021-Present **Consultant**, R/S Consulting, Seattle, WA

- Provide strategic solutions for businesses and executive leadership at the organizational level for resolving interpersonal conflicts, problems with culture, and problems arising in employee relationships.

2019-Present **Consultant**, Schwab Consulting, Seattle, WA

- Provide strategic solutions for businesses struggling with interpersonal problems between leaders.

2021-Present **Consultant**, Forensic Psychology Consultants, Fort Wayne, IN

- Provide trial consultancy and testimony in criminal and civil court systems.

CLINICAL EXPERIENCE

2014-Present **Therapist**, Private Practice, Seattle, WA

- Perform general sex therapy services.
- Specialize in clinical issues involving atypical sexual behavior.
- Perform individual and couples/partner therapy.

2013-2014 **Therapist**, Barlow Group Practice, Tallahassee, FL

Supervisors: Larry Barlow, Ph.D., & Sandra Barlow, Ph.D.

- Performed court mandated supervised visitation.
- Performed individual, couple, and family therapy.
- Performed behavioral assessment and relevant diagnosis.

2013-2014 **Therapist**, Private Practice, Tallahassee, FL

Supervisor: Winston Wilde, Ph.D., & Larry Barlow, Ph.D.

- Performed individual and couple therapy solely focusing on issues of sexuality and sexual health.

2011-2014 **Therapist**, FSU Center for Couple and Family Therapy, Tallahassee, FL

Supervisors: Larry Barlow, Ph.D., & Wayne Denton, M.D., Ph.D.

- Performed individual, couple, and family therapy.
- Performed behavioral assessment and relevant diagnosis.
- Developed a manualized premarital group treatment program.

2010-2011 **Therapist Intern**, NAVOS Outpatient Services, Seattle, WA

Supervisor: Victor Place, M.A.

- Performed individual, couple, and family therapy from a bio-psychosocial perspective.

2010 **Therapist Intern**, SPU Student Counseling Center, Seattle, WA

Supervisor: Scott Edwards, Ph.D.

- Performed individual therapy with undergraduate students.

2007-2009 **Crisis Intervention Counselor**, NEED Crisis and Information Line, Victoria, British Columbia

Supervisor: Kari Marshall, M.A.

- Provided non-judgmental emotional support, crisis intervention, risk assessment, and community resource information to callers throughout the Victoria, British Columbia Capital Regional District.

- Provided initial support for new volunteers.

RESEARCH EXPERIENCE

- 2011-2014 **Graduate Research Assistant**, FSU
Supervisor: Carol Darling, Ph.D.
- Conducted research to assess the provision of human sexuality education, therapy, and research in North America.
- 2010-2011 **Graduate Research Assistant**, Relationship Research Institute, Seattle, WA
Supervisor: Daniel Friend, M.S.; Principle Investigator: John Gottman, Ph.D.
- Administered in-home assessments and collected physiological and audio/visual recordings for a longitudinal randomized clinical trial of group intervention for low-income, situationally violent couples, funded by the National Institute of Health.
 - Co-facilitated couple conflict resolution workshops for post study couples.

SELECTED PROFESSIONAL PRESENTATIONS & INVITED TALKS

Lightsmith, & **Schwab, E. T.**, (2019, September). *Mononormativity*. Workshop presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.

Schwab, E.T. & Orpen, S. (2019, April). *Paraphilia, kinks, and fetishes in psychotherapy*. Training presented at the local Washington AASECT Chapter, Seattle, WA.

Laughlin, C, Tay, G., & **Schwab, E. T.**, (2018, September). *I love you, but I am not attracted to you*. Workshop presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.

Schwab, E. T. & Darling, C. (2105, November). *Factors impacting professional practice in Sexuality Education, Therapy, and Research*. Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality, Albuquerque, NM.

Schwab E. T. & Darling, C. (2015, November). The joys and challenges of sexuality education, therapy, and research. Poster presented at the annual meeting of the National Council for Family Relations, Vancouver, British Columbia.

Cobb, R. A., Okafor, E. S., **Schwab, E. T.**, & Scott, J. C. (2014, March). *The ethical use of social media in #MarriageandFamilyTherapy: Suggested guidelines*. Paper presented at the annual meeting of the International Family Therapy Association, Panama City, Panama.

Schwab, E. T. (2014, March). *Relational power dynamics and related health disorders*. Invited talk at the meeting of the Service Scholars of Florida State University, Tallahassee, FL.

Schwab, E. T. (2014, February). *Cupid's not stupid: A discussion of sex and culture*. Invited talk at Florida State University's Health and Wellness Center, Tallahassee, FL.

Schwab, E. T. (2013, February). *Sexual health and defining epistemology*. Invited talk at Florida State University's Medical Center, Tallahassee, FL.

Schwab, E. T. (2013, November). *Contemporary sexual ethics*. Invited talk at the meeting of Florida State University's Honors Society, Tallahassee, FL.

Schwab, E. T. (2012, February). *Systemic growth and change within micro and macro systems*. Invited talk at the meeting of Florida State University's Leadership and Change Program, Tallahassee, FL.

ASSOCIATION MEMBERSHIPS

American Association for Marriage and Family Therapy (member since 2009)

Washington Association for Marriage and Family Therapy (member since 2009)

American Association of Sexuality Educators, Counselors, and Therapists (member since 2010)