

EDUCATION

- Ph.D.**, Counselor Education and Supervision **Aug. 2022**
University of the Cumberlands, Williamsburg, KY – *CACREP-accredited program*
Chi Sigma Iota Honor Society, GPA: 4.0
Specialization: Leadership
Dissertation: *An Exploration of the Counselor Educator Instructional Effectiveness Factors Impacting the Professional Identity Development of Counselor and Counselor Educator Trainees*
- M.A.**, Family, Youth, and Community Science **Dec. 2004**
University of Florida, Gainesville, FL
- Ed.S.**, Marriage and Family Counseling and Mental Health Counseling **Dec. 2001**
M.Ed., Marriage and Family Counseling and Mental Health Counseling **Dec. 2001**
University of Florida, Gainesville, FL – *CACREP-accredited program*
- B.S.**, Psychology **Dec. 1998**
University of Florida, Gainesville, FL

LICENSURE and CERTIFICATIONS

- LPC008523**, Licensed Professional Counselor – Georgia
CPCS2166, Certified Professional Counselor Supervisor – Georgia
Certified Anger Management Specialist
Certified Integrated Case Manager – Basic
Crisis Intervention Training - Youth (CIT-Y) Train the Trainer
Certified Facilitator:
- Mindfulness Based Stress Reduction for Teens (MBSR-T)
 - Nurturing Parent
 - SPARKS
 - The Matrix Model
 - The Seven Challenges
 - Thinking for a Change

PRESENTATIONS

- Heaton, K., & **Joseph, L.** *Self-Care: A Counselor's Ethical Imperative* [Virtual conference presentation]. Mississippi Licensed Professional Counselor Association (MLPCA) Annual Conference 2023: Counselor's Excel Together.
- Heaton, K., **Joseph, L.**, & Brewer, J. *Let's Talk About Sex: Creating Safe Spaces for Teens to Discuss Sex and Sexuality* [Conference presentation]. 2023 Bridging the Gap Symposium, hosted by the NBCC Foundation (NBCCF). Atlanta, Georgia.
- Joseph, L.** & Heaton, K., (2022, April 28). *Creative supervision approaches to foster supervisees' social justice competencies* [Virtual conference presentation]. CSI Omega Mu Gamma chapter's Online Social Justice Symposium 2022.
- Schmuldt, L., Heaton, K., & **Joseph, L.** (2022, April 15). *Getting unstuck: Utilizing an adapted EMDR approach to supervision* [Webinar presentation]. University of the Cumberlands

Department of Counseling's Virtual Spring 2022 Supervision Workshop Series,
Williamsburg, Kentucky.

Heaton, K., & **Joseph, L.**, (2022, April 5). *Connecting the dots: Addressing LGBTGEQIAP+ microaggressions through professional counselor identity development* [Virtual poster presentation]. CSI Days 2022: Chi Sigma Iota's Virtual Conference presented during the 2022 ACA Conference & Expo, Atlanta, Georgia.

Joseph, L. & Heaton, K., (2022, February 26). *Healing is not just for clients: Creative Interventions for Clinical Restoration* [Virtual conference presentation]. Greater Philadelphia Area Counseling Association (GPACA) Trauma Conference 2022: Reconnecting, Restoring, and Re-emerging.

Heaton, K. & **Joseph, L.**, (2022, February 26). *Microaggressions in counseling & supervision: Working with LGBTGEQIAP+ clients and supervisees* [Virtual conference presentation]. Advocacy in Action: Integrating Diversity, Equity, Inclusion, and Belonging in Counseling. The 4th Annual Chi Sigma Iota Florida Statewide Networking Conference.

Joseph, L., Smith, R., & Heaton, K. (2021, October 1 – November 26). *Understanding, teaching, and modeling the value of normalizing pronouns in clinical supervision* [Webinar presentation]. University of the Cumberland's Department of Counseling's 2021 Virtual Fall Training Series for Faculty and Site Supervisors, Williamsburg, Kentucky.

Joseph, L., Schmuldt, L., Heaton, K., & Smith, R. (2021, October 1 – November 26). *Creativity in supervision* [Webinar presentation]. University of the Cumberland's 2021 Department of Counseling's Virtual Fall Training Series for Faculty and Site Supervisors, Williamsburg, Kentucky.

Joseph, L. & Sanchez, L. (2021, September 17-18). *Strategies for counselor educators: How to infuse trauma competence and self-care in your counseling courses to positively impact students' professional identity development* [Student presentation]. University of the Cumberland's Department of Counseling's 2021 Virtual Residency, Williamsburg, Kentucky.

Schmuldt, L., Grout, V., Heaton, K., & **Joseph, L.** (2021, April 9-11). *Tapping together: Promoting student unity during crisis* [Virtual conference presentation]. Clinical Mental Health Counseling & Beyond: The Chicago School of Professional Counseling 4th Annual Virtual Conference.

Heaton, K., **Joseph, L.**, Brennan, M., Grout, V., & Smith, R. (2021, March 23-26). *It's not just a word: Understanding the value of normalizing pronouns* [Virtual poster presentation]. CSI Days 2021: Culturally Responsive Leadership in Times of Crisis Virtual Chi Sigma Iota's Virtual Conference.

PUBLICATIONS

Heaton, K., **Joseph, L.**, Smith, R. & Grout, V. (2021). Practicing affirmative counseling: Advocating for counselor growth and social justice for the LGBTGEQIAP+ community. *SACES Newsletter*, 17(1), 7-9.

<http://www.saces.org/resources/Documents/FALL%202021%20SACES%20Newsletter%20Final%5B1%5D.pdf>

Joseph, L. & Brewer, J. (2021). Tips for counselors to build resilience in children and adolescents during COVID-19. *ACAC Newsletter*, November 2021.

<https://secureservercdn.net/166.62.108.229/61f.465.myftpupload.com/wp-content/uploads/2021/12/ACAC-Newsletter-November-2021.pdf>

PROFESSIONAL AFFILIATIONS

- American Counseling Association (ACA)
 - American College Counseling Association (ACCA)
 - American Rehabilitation Counseling Association (ARCA)
 - Association of Counselor Education and Supervision (ACES/SACES)
 - Association for Multicultural Counseling and Development (AMCD) Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE)
- Chi Sigma Iota, Professional Honor Society – Chi Psi Omega Chapter
- Licensed Professional Counselors Association of Georgia (LPCA-GA)

SERVICE TO THE PROFESSION

- NARACES Graduate Student Gazette, Ad Hoc Reviewer: Fall 2021 and Fall 2022
- Association for Creativity in Counseling, 2021 Conference Planning Committee

TEACHING EXPERIENCE

Core Faculty:

Seattle University, College of Education, Online Clinical Mental Health Counseling

- Courses taught:
 - Fall 2023, **Introduction to Clinical Mental Health Counseling** (COUNO 5580)

Contributing Faculty:

Walden University, School of Counseling and Human Services, CACREP-accredited program

- Courses taught:
 - Spring 2023, **CMHC Practicum** (COUN 6771)
 - Spring 2023, **Techniques in Counseling** (COUN 6302)
 - Summer 2023, **CMHC Internship I** (COUN 6782A)
 - Summer 2023, **Pre-Practicum** (CPLB 601L)
- Serve as Clinical Faculty Supervisor and Instructor for master's-level clinical mental health pre-practicum, practicum, and internship students
- Facilitate weekly, synchronous group supervision for masters students
- Evaluate student performance, dispositions, counseling skill level, and provide substantive and constructive written and verbal feedback
- Collaborate with community Site Supervisors to assess student performance

Adjunct Faculty:

Barry University, School of Education, CACREP-accredited program

- Courses taught:
 - Spring 2023, **School Counseling Internship** (CSL 693)

- Fall 2022, **CMHC Practicum** (CSL 694)
- Fall 2022, **CMHC Internship** (CSL 695)
- Fall 2022, **MCFC Internship** (CSL 696)
- Fall 2022 and Spring 2023, **Continuous Enrollment - Internship** (CSL 700)
- Summer 2023, **Advanced Counseling Practicum** (CSL 794)
- Provide live supervision in virtual community clinic setting
- Serve as Clinical Faculty Supervisor for master's-level clinical mental health, marriage & family, and school counseling practicum and internship students, and doctoral-level advanced practicum students
- Serve as Individual Faculty Supervisor for doctoral-level students completing Counseling Supervision (CSL 784) and Counseling Supervision Internship (CSL 786) courses
- Facilitate weekly, synchronous individual, triadic, and group supervision for masters and doctoral-level students
- Evaluate student performance, dispositions, counseling skill level, and clinical documentation, as well as provide substantive and constructive written and verbal feedback
- Collaborate with community Site Supervisors to assess student performance

Graduate Teaching Assistant:

University of the Columbias, School of Social and Behavioral Sciences, CACREP-accredited program

Aug. 2020 to May 2021

- Completed doctoral internship in co-teaching role, via online instruction, for the following courses: **Group Counseling** (COUN637), **Intro to the Counseling Profession** (COUN530), and **Process & Techniques of Counseling** (COUN630)
- Provided supervision and advisement for master's-level counseling students
- Graded assignments submitted by students

University of Florida, Department of Family, Youth and Community Sciences

Aug. 2003 to Dec. 2004

- Assisted and instructed undergraduate students in classroom and laboratory settings
- Identified student issues, evaluated student requests, and determined suitable means for resolution
- Conducted meetings with students to discuss their progress and concerns related to their grades and instructor issues; as well as guided them in making realistic educational choices
- Created and maintained database of student records and attendance
- Composed, administered, and graded quizzes and exams
- Graded assignments submitted by students

TRAINING EXPERIENCE

- Motivational Interviewing
- MATRIX Substance Abuse Model for Teens and Young Adults
- Comprehensive Child and Family Assessments (CCFAs)
- New Hire Orientation
- Trauma STARS Workshop for Atlanta Public School Personnel

CLINICAL EXPERIENCE

Behavioral Health Triage Team Lead: *Elevance: Amerigroup, Georgia Families 360*

May 2018 to present

- Use appropriate assessments and clinical knowledge, skills, & judgment to identify member's individual needs and assure that medically necessary treatment is provided in a quality & cost-effective manner
- Develop comprehensive and individualized care plans to address members' behavioral & physical health needs and amend plans as needed
- Coordinate member access to integrative and holistic care to promote quality member outcomes, optimize member benefits, and encourage effective use of resources
- Provide patient education, medication reconciliation, and identification of community resources
- Participate in meetings with members, guardians/families, and providers to help establish great customer service and address barriers
- Build collaborative relationships with members, guardians/families, internal & external stakeholders, treatment providers, etc. to evaluate, address, and meet members' identified needs

Clinical Supervisor and Counselor: *CHRIS 180*

June 2014 to May 2018

- Provided clinical and administrative supervision to clinical staff and interns to ensure quality services to clients and adherence of agency policies and procedures
- Coordinated clinical services for the Maximum Watchful Oversight (MWO) and Room Board and Watchful Oversight (RBWO) clinical staff at residential treatment facilities (Youth Villages-Inner Harbour Campus and Devereux Advanced Behavioral Health-Georgia)
- Developed and facilitated various trainings to include Motivational Interviewing, MATRIX Substance Abuse Model for Teens and Young Adults, Comprehensive Child and Family Assessments (CCFAs), etc.
- Reviewed and managed weekly accountability reports to identify and evaluate the trends and risks associated with said reports and rectify discrepancies
- Completed Behavioral Health Assessments and Psychiatric Residential Treatment Facility (PRTF) applications (as needed); as well as, associated documentation, such as, but not limited to the following: Diagnostic Impressions, CANS/ANSA/CAFAS/PECFAS/LOCUS, MICPs/OTRs, progress notes, and Integrative Summaries and administer validated assessment tools specific to evidence based practices
- Provided services to include individual counseling, family counseling/training and/or group counseling/training (psycho educational and therapeutic) to adolescents enrolled in school-based therapy services and state committed DJJ and DFCS adolescents with MH, co-occurring or substance abuse disorders as classified by the DSM IV/V TR placed at MWO/RBWO programs
- Developed service plan with clients and evaluated clients' level of functioning and progress toward attainment of goals

- Facilitated and/or participated in Team Meetings (i.e., RBWO Monthly Meetings, Child and Family Team Meetings, Transition Planning Meetings, DJJ Utilization Reviews, etc.) or provide treatment summaries for clients
- Served as an advocate for clients and their families by collaborating and consulting with team members and other providers and entities in the provision of best care services
- Participated in the rotation of providing after-hours and holiday coverage with other members of team/program
- Maintained client records, using an electronic medical record (KaleidaCare and Care Logic), including documentation of clinical interactions, behavioral health assessments, and individual service plans

Clinician: *Family Intervention Specialist (FIS) – Subcontractor*

July 2011 to May 2014

- Conducted and documented Mental Health Assessments, including mental status exam, DSM diagnosis, and clinical formulation, to obtain information concerning social and treatment history, as well as other pertinent information to determine the most suitable services for client
- Developed treatment plans, defining and prioritizing the areas that need to be addressed; as well as collaborate with the client to create short and long-term goals and the interventions for achieving them within a given time frame
- Facilitated various types of psycho educational and process groups to assist clients in achieving desired changes
- Consulted with other professionals/agencies cognizant of client care to improve treatment and advocate for clients
- Maintained client records, using an electronic medical record (PIMA), including documentation of clinical interactions, behavioral health assessments, and individual service plans

Case Coordinator: *UF Department of Pediatrics, Child Protection Team*

Dec. 2005 to May 2006

- Coordinated child abuse referrals in the area and the provision of medical, psychological, and social services
- Participated as a member of a multidisciplinary team to facilitate diagnosis, evaluation, and treatment in cases of suspected child abuse and neglect

Comprehensive Assessor: *Florida Mentor, Incorporated – Subcontractor*

Jan. 2004 to Dec. 2005

- Interviewed and observed individuals that are involved with the Partnership for Strong Families, are placed in shelter status and require out-of-home care oral, and developmental functioning within various settings based on information gathered during the interview and observation sessions; as well as, the parents/guardians' personal, medical/mental health and legal history as it pertains to their ability to be adequate parents and complete the case plan as outlined by the Department of Children and Families
- Made recommendations as to the type of service or program that would best aid the family in achieving successful reunification

Lead Counselor: *Gainesville Wilderness Institute*

Oct. 2002 to Aug. 2003

- Provided individual and family counseling sessions for students with complex needs that resulted from behavioral, emotional, and/or developmental problems
- Organized and conducted anger management/stress reduction and substance abuse/drug awareness groups for Institute students
- Facilitated Treatment Team meetings with client's case manager, parent/guardian, academic advisor, and client
- Conceptualized/coordinated behavior modification systems to enhance positive/appropriate student behavior
- Conducted staff trainings on pertinent information related to adolescents and their mental health needs
- Created/maintained student databases compiling demographic, educational, treatment, and special alert information

REFERENCES

Available upon request