

# LaToya Flowers-Roe, Ed.D., L.P.C., N.C.C.

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## EDUCATION

Ed.D., Governors State University, September 2020, Counselor Education and Supervision, CACREP-accredited program  
Dissertation: *Confirming the relationship between adult playfulness, romantic relationship satisfaction, and romantic relationship stability*

M.A., Governors State University, August 2017, Counseling – Marriage, Couple, Family Specialization  
CACREP-accredited program

B.S., University of Illinois Urbana Champaign, December 1997, Psychology

## LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor (LPC, #178.013804), Illinois, 2018 - present  
National Certified Counselor (NCC, #886124), 2017- present  
Triple P – Positive Parenting (Levels 1, 2, & 3) 2017- present  
Gottman Couples Method (Level 1) 2016-present

## ACADEMIC EXPERIENCE

**Seattle University** (September 2023 – present)  
College of Education, Online Clinical Mental Health Counseling program, Seattle, WA.  
*Students: Masters' level, Environment: Virtual (V).*

**Clinical Assistant Professor:** (September 2023 – present).

- Responsible for teaching a full course load per term, high quality faculty advising, curriculum updates and development, continuous improvement activities, providing mentorship and support for students, and service within the program.

### Courses Taught:

- Counseling Children & Adolescents [*V* (x3 )]
- Professional and Ethical Issues in Counseling [*V* (x 3)]

**Northwestern University** (January 2021 – October 2023)  
The Family Institute, Counseling@Northwestern, Clinical Mental Health Counseling, CACREP-accredited, Evanston, IL.  
*Students: Masters' level, Environment: Virtual (V).*

**Director Diversity, Equity, and Inclusion:** (September 2021 – October 2023).

- Promoted to ensure the Counseling@Northwestern program lived up to the stated vision

and mission of being a culturally attuned and competent unit. Primarily centered on DEI experiences in the student body, working collaboratively with any level of unit or department that expands student development and learning around multicultural issues.

Completed Initiatives:

- Built DEI Framework for the Counseling program (online and on-ground campus)
- Designed program wide DEI curricular audit of all asynchronous course content
- Founded first DEI Student Advisory Board to increase student stakeholder voice
- Established first DEI Intercampus Faculty Committee to increase faculty voice
- Developed First Generation Graduate Student needs assessment
- Created annual Dignity, Respect, Inclusion, Veracity, & Equity (DRIVE) Symposium

**Clinical Lecturer/Clinical Training Director:** (January 2021 – October 2023).

- Ensured quality of clinical training at off-site locations, facilitated supervisor training for university and site supervisors, provided Capstone mentorship, and taught graduate level courses in counseling.

**Group Dynamics Immersion Supervisor:** (January 2020 – February 2020).

- Clinically supervised group dynamics counseling students via group modality for three day on-ground immersion experience.

Courses Taught:

- Foundations of Family and Marital Counseling [*V*(x2 )]
- Multicultural Counseling [*V*(x 7)]
- Advanced Topics (Capstone) [*V*(x 4)]
- Methods I [*V*(x 1)]
- Group Dynamics Immersion [*T*(x 1)]

Courses Designed:

- Multicultural Counseling [*V*]

**Moody Bible Institute**

(May 2019 – February 2021)

Moody Theological Seminary, Clinical Mental Health Counseling program, Chicago, IL.

*Students: Masters' level, Environment: Traditional (T) and Virtual (V).*

**Assistant Professor:** (July 2020 – February 2021).

- Taught graduate level courses in counseling, clinically supervised practicum students via individual and triadic modalities, and advised assigned counseling students. Served as Founder and Faculty Advisor of Clinical Mental Health Counseling Honors Club and committee member of program's CACREP accreditation team.

**Adjunct Faculty:** (December 2019 – July 2020).

- Taught graduate level courses in counseling and clinically supervised practicum students via individual and triadic modalities. Served as Founder and Faculty Advisor of Clinical Mental Health Counseling Honors Club. Promoted to Assistant Professor.

**Doctoral Intern:** (May 2019 – December 2019).

- Taught graduate level courses in counseling, clinically supervised practicum students via

individual and triadic modalities, and founded the Clinical Mental Health Counseling Honors Club. Promoted to Adjunct Faculty.

Courses Taught:

- Human Development [**T & V** (x 2)]
- Treating Traumatized Families [**V** (x 1)]
- Master Thesis [**T & V** (x 1)]
- Marriage and Family Dynamics [ **T & V** (x 2)]
- Assessment Techniques in Counseling [**V** (x 1)]
- Children & Adolescents in the Family: Treatment & Intervention Methods [**V & T** (x1)]
- Counseling Techniques [**V** (x1)]

Courses Designed:

- Treating Traumatized Families [**V**]
- Marriage and Family Dynamics [ **T & V**]
- Children & Adolescents in the Family: Treatment & Intervention Methods [**V & T**]

**Governors State University**

(April 2018 – August 2020)

Division of Psychology and Counseling, Counseling Program with 3 specialization tracks: Clinical Mental Health Counseling, School Counseling, and Marriage, Couple and Family Counseling, CACREP-accredited, University Park, IL.

*Students: Masters' and Doctoral level, **Environment: Traditional (T) and Virtual (V).***

**Online Course Developer:** (May 2020 – August 2020).

- Designed and developed online Individual and Family Play Therapy master shell for ongoing university use in accordance with Quality Matters Higher Education and CACREP standards.

**Counseling Clinical Supervisor:** (January 2019 – May 2019).

- Clinically supervised practicum I and II students via individual modality.

**Adjunct Faculty:** (April 2018 – present).

- Taught graduate level courses in counseling to masters and doctoral level students, clinically supervised internship students in the Marriage, Couple, and Family counseling track, and taught undergraduate courses in psychology. Served as a member of the Summer 2019 M.A. Counseling Defense Committee.

Courses Taught:

- Individual and Family Play Therapy [**V** (x 2)]
- Internship I: Marriage & Family Counseling Track [Graduate **T** (x1 )]
- Individual and Family Play Therapy [Graduate **T** (x 2)]
- Interventions with Children & Adolescents [Graduate **T** (x1 )]
- Family Systems Theory [Graduate **T** (x1)]
- Lifespan Development [Undergraduate **T & V** (x1 )]
- Principles of Psychology [Undergraduate **T** (x 1)]
- Abnormal Psychology [Undergraduate **T** (x 1)]

- Ethics in Psychology [Undergraduate *T* (x 1)]

Courses Designed:

- Individual and Family Play Therapy [*V*]

## **RELATED PROFESSIONAL EXPERIENCE**

### ***CLINICAL EXPERIENCE***

Olive Counseling, Chicago, IL (June 2023 – present)

- Provide individual, couple, and family counseling services.

Cornerstone Counseling Center of Chicago (June 2018 – November 2021)

- Delivered individual, couple, and family counseling services.
- Established individual and family play therapy department.

The Cognitive Clinic, Palos Hills, IL (January 2018 – June 2018)

- Provided individual, couple, and family counseling services
- Hosted parenting and couple workshops, seminars, and retreats

Governors State University Family Development Center, University Park, IL (Jan. 2017 – Aug. 2017)

- Intern, Counseling services for day care families and staff (600 hrs)

### ***RESEARCH EXPERIENCE***

Culturally Responsive Clinical Supervision, Evanston, IL (June 2022 – present)

- Research Team, Research culturally responsive training for clinical supervisors.

Afterschool Matters, Chicago, IL (June 2018 – Aug. 2018)

- External Assessor, Evaluate reliability and validity of youth summer programming in the city of Chicago.

University of Illinois, Champaign, IL (Mar. 1996 – May 1996)

- Research Assistant, Administer depression inventories to middle school students

### ***OTHER PROFESSIONAL EXPERIENCE***

The Family Institute at Northwestern University, Evanston, IL (May 2023 – Oct. 2023)

- DEI Project Pathway Consultant, Paid appointment; specially selected by the CEO to work alongside the VP of Human Resources and CEO in developing an institute wide DEI strategy.

Moody Bible Institute, Chicago, IL (May 2019 – February 2021)

- Marriage Couple and Family Subject Matter Expert

Governors State University, University Park, IL (Oct. 2017 – May 2018)

- Assistant to the Interim Dean of the College of Education

Governors State University, University Park, IL (May 2014 – May 2015)

- Graduate Assistant, Academic advising for education students

## PROFESSIONAL PRESENTATIONS

### *INTERNATIONAL CONFERENCES*

**Flowers-Roe, L.** (2018, July). The couple that plays together stays together: Using play to enhance couple relationships. Poster presented at the International Association for Marriage and Family Counseling Oxford Institute in Oxford, London, UK.

### *NATIONAL CONFERENCES*

**Flowers-Roe, L. & Dunham, S.** (2023, September). Untangling entanglements: Restoring Black couple relationships post-infidelity. Education session accepted at the Black Mental Health Symposium in Atlanta, FA.

Harris, C. A., Williams, N. F., Jones, D. S., & **Flowers-Roe, L.** (2023, June). Career counseling with Black women who hold a doctorate and experienced sexism and racism. Roundtable session presented at the National Career Development Association Global Career Development Conference in Chicago, IL.

Vasilou, A. [Student], & **Flowers-Roe, L.** (2023, June). The ancestries folded into us: Examining intergenerational impacts on identity, trauma, and healing. Education session presented at the National Board of Certified Counselors Bridging the Gap Symposium in Atlanta, GA.

Harris, C. A., Williams, N. F., Jones, D. S., & **Flowers-Roe, L.** (2022, October). Experiences of sexism and racism among Black women with doctorates. Education session presented at the Women in Leadership Conference in San Diego, CA

Dunham, S. & **Flowers-Roe, L.** (2022, September). Unique strengths and challenges of African American Couples. Education session presented at the Black Mental Health Symposium in Atlanta, GA.

**Flowers-Roe, L.** (2021, September). An in-depth examination of thriving Black couple relationships. Education session presented at the Black Mental Health Symposium in Atlanta, GA.

Dunham, S., & **Flowers-Roe, L.** (2021, September). Cinematherapy with African American couples.

Education session presented at the Black Mental Health Symposium in Atlanta, GA.

Dunham, S., & **Flowers-Roe, L.** (2019, September). Whom God has joined together let no man put asunder: Using EFT to create African American couple relationships that heal. Education session presented at the Black Mental Health Symposium in Charlotte, NC.

**Flowers-Roe, L.**, & Gardner, A. (2018, September). The couple that plays together stays together: Using play to enhance African American couple relationships. Education session presented at the National Black Mental Health Symposium in Charlotte, NC.

### ***REGIONAL AND STATE CONFERENCES***

**Flowers-Roe, L.** & Baptiste, D. (2023, May). Lessons learned from a DEI audit of online asynchronous course content presented at the TEACHx - Northwestern University Conference in Evanston, IL.

Gardner, A., & **Flowers-Roe, L.** (2023, April). Hope matters: The significance of employing interventions based on the principle of hope with Black and African American communities. Education session presented at The Family Institute at Northwestern University D.R.I.V.E. Symposium in Evanston, IL.

**Flowers-Roe, L.** (2021, February). Restoring the love: Creating relationships that heal. 3-hour online couples workshop presented at Cornerstone Counseling Center of Chicago's Annual Couples Retreat in Chicago, IL.

**Flowers-Roe, L.** (2018, November). The couple that plays together stays together: Using play to enhance couple relationships. Education session presented at the Illinois Counseling Association Annual Conference in Itasca, IL.

Gardner, A., & **Flowers-Roe, L.** (2018, May). The nihilistic threat: The truth about internalized oppression. Education session presented at the Illinois Association for Multicultural Counseling Annual Conference in University Park, IL.

**Flowers-Roe, L.** & Gardner, A. (2018, March). A paradigm shift: From problem talk to solution focus. Poster presented at the Southern Illinois Counseling Association Annual Conference in Collinsville, IL. **Best Poster Award Winner.**

### ***INVITED SPEAKER***

**Flowers-Roe, L.** (2022, November 11). *Clarity, community, and connection.* Keynote speaker at the Illinois Counseling Association's 74<sup>th</sup> Annual Conference Lisle, IL.

**Flowers-Roe, L.** (2022, July 20). *Creative strategies and interventions to promote cultural*

*responsiveness in supervision*. Presenter at Site Supervisors Series Grand Rounds at Counseling@Northwestern, Evanston, IL.

**Flowers-Roe, L.** (2022, July 30). *Broader practices of diversity, equity, and inclusion*. Presenter at Project Koru Board of Directors and Camp Fellows at Project Koru, Hood River, OR.

**Flowers-Roe, L.** (2021, November 19). *Play dates: Using play with couples*. Presenter at Play Therapy Series Grand Rounds at Counseling@Northwestern, Evanston, IL.

**Flowers-Roe, L.** (2021, November 18). *Pronouns: Candid conversation*. Facilitator at 2-hour Faculty Workshop at Counseling@Northwestern, Evanston, IL.

**Flowers-Roe, L.** (2021, November 15). *Family systems: Bowen and Structural Family Therapy*. Guest lecturer Counseling Theory course at University of Arizona, Tucson, AZ.

**Flowers-Roe, L.** (2021, March 29). *Genograms: A picture is worth a thousand words*. Presenter Clinical Mental Health Counseling Internship Staff Meeting at Moody Theological Seminary, Chicago, IL.

**Flowers-Roe, L.** (2021, February 3). *Restoring the love: Creating relationships that heal*. Facilitator 3-hour online couples workshop presented at the Cornerstone Counseling Center of Chicago's Annual couples Retreat in Chicago, IL.

**Flowers-Roe, L.** (2020, October 15). *A family systems and social-ecological perspective for rehabilitation health professionals*. Guest lecturer Advanced Theory and Practice in Family Counseling course at North Carolina A & T State University, Greensboro, NC.

**Flowers-Roe, L.** (2020, September 24). *The role of attachment in couple relationships*. Guest lecturer Counseling Psychology course at Moody Theological Seminary, Plymouth, MI.

**Flowers-Roe, L.** (2020, July 12). *Emotional health and play in adults*. Guest speaker on the Soul City Self-Care Sunday Podcast, Chicago, IL.

**Flowers-Roe, L.** (2020, April 16). *Crisis within a Crisis: Addictions, Unemployment, and Domestic Violence During COVID 19*. Guest speaker on the Karl & Crew Morning Show broadcast on radio station 90.1 FM Chicago, IL.

**Flowers-Roe, L.** (2019, October 18). *An Introduction to Play Therapy*. Workshop presented to staff at Cornerstone Counseling Center of Chicago, Chicago, IL.

**Flowers-Roe, L.** (2019, September 6). *Affirming Gender Identity*. Invocation presented at Cornerstone Counseling Center of Chicago, Chicago, IL.

**Flowers-Roe, L. & Santhouse, J.** (2019, September 5). *How Our Cultural Values Impact Our Approach to Relationships, the Therapeutic Alliance, and the Ethical Practice of Counseling*. Guest lecturer

Professional Identity and Ethical Practice course at Moody Bible Institute, Chicago, IL.

**Flowers-Roe, L.** (2019, April). *I Thirst: Understanding Trauma and Distress through the Bible*. Mini lecture presented to members of Zion Faith Center Bible Church, Chicago, IL.

**Flowers-Roe, L.** (2018, November 2). *Impact of Honor Society Membership on Counselor Education*. Keynote speaker at Chi Sigma Iota International Counseling Honors Society, Gamma Sigma Upsilon chapter induction ceremony. Governors State University, University Park, IL.

**Flowers-Roe, L.** (2018, November 2). *Love and Hate: Racial Tolerance*. Invocation presented at Cornerstone Counseling Center of Chicago, Chicago, IL.

**Flowers-Roe, L.** (2018, July 27). *Promoting Your Brand via Conferences and Networking*. Workshop presented to staff at Cornerstone Counseling Center of Chicago, Chicago, IL.

**Flowers-Roe, L.** (2018, May). *Girl Interrupted*. Lecture presented to members of Zion Faith Center Bible Church, Chicago, IL.

**Flowers-Roe, L.** (2018, March). *Why Won't My Child Behave?* Workshop presented to parents and staff at The Cognitive Clinic, Palos Hills, IL.

**Flowers-Roe, L.** (2017, May). *The Power of Life and Death is in the Tongue*. Lecture presented to members of Zion Faith Center Bible Church, Chicago, IL.

## PUBLICATIONS

### ***REFEREED PUBLICATIONS***

Dizik, K. [Student], & **Flowers-Roe, L.** (In Review). *Healed in relationship: Exploring interpersonal couple processes for physical recovery in trauma-related health conditions*. *Couple and Family Psychology: Research and Practice*.

Harris, C. A., Williams, N. F., Jones, D. S., & **Flowers-Roe, L.** (2022). *Experiences of Sexism and Racism among Black Women who Hold the Doctorate*. *Journal of Humanistic Psychology*.

### ***NON-REFEREED PUBLICATIONS***

Lorelle, S. & **Flowers-Roe, L.** (2021). Value of Play. In L. Teufel-Prida (Ed.), *Homeschooling and Mental Health*. San Diego, CA: Cognella.

Dermer, S. & **Flowers-Roe, L.** (Submitted). Earned secure attachment through religion and spirituality. In S. Dunham & S. Dermer (Eds.), *An Emotionally Focused Guide to Re-Visioning African American Relationships*. New York, NY: Routledge.

Dermer, S. & **Flowers-Roe, L.** (Submitted). Safe haven. In S. Dunham & S. Dermer (Eds.), *An Emotionally Focused Guide to Re-Visioning African American Relationships*. New York, NY: Routledge.

**Flowers-Roe, L.** & Sori, C. F. (Submitted). Integrating play and emotionally focused therapy with African American couples. In S. Dunham & S. Dermer (Eds.), *An Emotionally Focused Guide to Re-Visioning African American Relationships*. New York, NY: Routledge.

**Flowers-Roe, L.** (2018). *Membership has its privileges*. Chi Sigma Iota Gamma Sigma Upsilon Chapter Newsletter, Volume 1, Spring 2018.

**Flowers-Roe, L.** (2017). *New beginnings*. Chi Sigma Iota Gamma Sigma Upsilon Chapter Newsletter, Volume 1, Winter 2017.

**Flowers-Roe, L.** (2017). *Benefits of reading to your child*. Governors State University Family Development Center Parenting & Wellness Newsletter, Volume 4, May 2017.

**Flowers-Roe, L.** (2017). *Positive reinforcement*. Governors State University Family Development Center Parenting & Wellness Newsletter, Volume 4, April 2017.

**Flowers-Roe, L.** (2017). *Self-soothing: An essential life skill*. Governors State University Family Development Center Parenting & Wellness Newsletter, Volume 4, February 2017.

## **SERVICE**

### ***SERVICE: PROFESSIONAL BOARDS AND ORGANIZATIONS***

Committee Chair 2023 Conference – Illinois Counseling Association (2022)

Cultural Assessment – Association for Counselor Education & Supervision (Jan. 2021)

Special Committee on State Branches – Association for Counselor Education & Supervision (Dec. 2021 – Oct. 22)

Webinar Committee – North Central Association for Counselor Education & Supervision (July 2021 – Present)

2021 Conference Proposal Review Subcommittee – Illinois Counseling Association (June 2021)

Reviewer 2020 Conference Program Proposals – International Association of Marriage & Family Counselors (Oct. 2019)

Grader 2018 Conference Program Proposals – North Atlantic Region Association for Counselor Education & Supervision (Feb. 2018)

Past President, Chi Sigma Iota – Gamma Sigma Upsilon Chapter (2018 -2019)

President, Chi Sigma Iota – Gamma Sigma Upsilon Chapter (2017-2018)

President Elect, Chi Sigma Iota – Gamma Sigma Upsilon Chapter (2016-2017)

Vice President, Illinois Counseling Association – Governors State University (2014-2015)

### ***SERVICE: OTHER PROFESSIONAL***

Chair, Field Experience Committee – Seattle University (2023 – present)  
Member, Faculty Wellness Committee – Seattle University (2023 – present)  
Member, Faculty Search Committee – Northwestern University (2023 – present)  
Cohort Lead, Northwestern University Inclusive Teaching Practicum (2022 – present)  
Member, Program Leadership Committee – Northwestern University (2021 – present)  
Faculty Advisor, Diversity, Equity, and Inclusion Student Advisory Board (2021 – present)  
Co-Chair, DEI Intercampus Faculty Committee (2021 – present)  
Member, Capstone Committee – Northwestern University (2021 – present)  
Faculty Advisor, Counseling Honors Club – Moody Bible Institute (2021 – 2019)  
Faculty Mentor, Governors State University Student Leadership Institute (2019 – 2018)

### **PROFESSIONAL MEMBERSHIPS**

Association for Play Therapy (2019 – Present)  
International Association of Marriage and Family Counselors (2018 – Present)  
Association for Counselor Education & Supervision (2018 – Present)  
North Central Association for Counselor Education & Supervision (2018 – Present)  
Chi Sigma Iota Counseling Honor Society (2015 – Present)  
American Counseling Association (2014 – Present)  
Illinois Counseling Association (2014 – Present)

### **AWARDS AND RECOGNITION**

2022 Outstanding Diversity Award, North Central Association for Counselor Education & Supervision  
2021 Emerging Leader, Association for Counselor Education & Supervision