

Carlee Pendleton-Cole, Ph.D., LPC, NCC, IPT-CST

EDUCATION

Texas A&M University- Corpus Christi, TX December 2022
(CACREP Accredited)

Doctor of Philosophy: Counselor Education

DISSERTATION: *The Experiences of Individuals with Body Positive Online Social Media Content During Recovery from Disordered Eating.*

Texas State University, San Marcos, TX December 2017
(CACREP Accredited)

Master of Arts: Professional Counseling

St. Edward's University, Austin, TX December 2012

Bachelor of Arts: Psychology

PROFESSIONAL LICENSURE

Licensed Professional Counselor May 2023

State of TX, License #79790

Texas Behavioral Health Executive Council

CERTIFICATES AND AWARDS

National Certified Counselor- #998913 2018
National Board of Certified Counselors

Certificate in Digital Learning 2020
Office of Distance Education and Learning Technologies
Texas A&M University-Corpus Christi

Outstanding Teaching Assistant (Nominated) 2019
Texas A&M University-Corpus Christi, CNEP Department

Outstanding Research Assistant (Nominated) 2020
Texas A&M University-Corpus Christi, CNEP Department

SPECIALIZED TRAININGS

Certified Sandtray Therapist (IPT-CST)
Institute for Play Therapy

2019

PROFESSIONAL EMPLOYMENT EXPERIENCE

Assistant Clinical Professor September 2023 to Present
Seattle University

Online Clinical Mental Health Counseling Program

- Core clinical faculty in an asynchronous remote clinical mental health counseling program.

Adjunct Instructor June 2023 to August 2023
Seattle University

Online Clinical Mental Health Counseling Program

- Asynchronous remote instruction of Tests and Measurements in Counseling course

Experiential Group Therapist March 2023 to Present
Charlie Health
Remote Position

- Provide group therapy utilizing experiential treatments to children and adolescents in an online intensive outpatient setting.

LPC-Associate August 2021 to May 2023
Dr. Macy Kinzel, Ph.D. and Associates
Corpus Christi, TX

- Provide individual counseling services to children, adolescents, and young adults.
- Collaborate with other professionals on the treatment of minors with diagnoses of ADHD, anxiety, depression, and more.
- Maintain client session notes and create individualized treatment plans.

Reflective Practice Supervisor January 2021 to March 2022
The Family Institute at Northwestern University
Remote Learning Position

- Provided university supervision experience to practicum level counselors in training.
- Followed psychodynamic philosophy of Counseling at Northwestern by integrating into supervision practices.
- Processed issues related to self, personal development, transference and countertransference, biases and multiculturalism, and more with counselors in training during the course of their practicum experience.

Graduate Assistant- Tex-CHIP Program Assistant September 2020 to July 2021
Department of Counseling and Educational Psychology
Texas A&M University- Corpus Christi

- Recruited Tex-CHIP grant recipients and facilitate training in integrative health for students through partnerships in the community.
- Maintained pertinent information for grant purposes.

Graduate Assistant- Assistant Director of Counseling August 2018 to August 2020
Antonio E. Garcia Arts & Education Center, Corpus Christi, TX

- Oversaw the day-to-day operations of the counseling training clinic in a high needs community setting.
- Provided supervision to Masters level practicum and internship students completing hours for their degrees in counseling.
- Oversaw regular maintenance of client records and paperwork consistent with HIPPA standards.
- Engaged in community collaboration and outreach with surrounding schools and agencies

Teaching Assistant August 2018 to May 2021
Department of Counseling and Educational Psychology
Texas A&M University - Corpus Christi

- Spring 2021, Play Therapy [Masters]
- Spring 2021, Grief and Loss [Masters]
- Spring 2021, Supervision [Doctoral]
- Fall 2020, Career Counseling [Masters]
- Summer 2020, Family Therapy with Children and Adolescent Focused Issues [Masters]
- Summer 2020, Counseling Couples [Masters]
- Summer 2020, Introduction to Marriage, Couple, and Family Counseling [Masters]
- Spring 2020, Introduction to Clinical Mental Health Counseling [Masters]
- Fall 2019, Advanced Theories of Individual and Group Counseling [Doctoral]
- Fall 2019, Career Counseling [Masters]
- Summer 2019, Family Therapy with Children and Adolescent Focused Issues [Masters]
- Fall 2018, Family Therapy with Children and Adolescent Focused Issues [Masters]

Doctoral Level- Counselor Supervisor January 2019 to May 2019
Department of Counseling and Educational Psychology
Texas A&M University - Corpus Christi

- Supervised master's level practicum students completing their practicum experience hours for their degrees in counseling.

LPC Intern October 2018 to December 2019
C2 Counseling, Corpus Christi, TX

- Provided individual counseling services utilizing play therapy interventions and sandtray therapy to Spanish and English speaking children and adolescents.
- Maintained client session notes and develop treatment plans for individual clients.

Family Programs Director March 2018 to August 2018
The Hope and Healing Place, Amarillo, TX

- **Created and implemented English and Spanish group grief support curriculum for children and families.**
- **Created and prepared curriculum for group for teens who experienced the suicide of a loved one.**
- Provided outreach and training in the community and to volunteers about grief and loss in children.

Counseling Intern

May 2017 to December 2017

The Christi Center, Austin, TX

- Provided individual and group grief counseling services to adults, adolescents, and children.
- Created and implemented a grief counseling group for adults with intellectual and developmental disabilities.
- Planned and co-facilitated adult grief groups related to Suicide, Overdose, and Crime Victims.

Program Director **to May 2017**

August 2014

Bona Terra Adult Day Center, Austin, TX

- Oversaw the day-to-day operations of day habilitation services for adults with intellectual and developmental disabilities.
- Supervised 15 employees (including 4 deaf staff) and 90 clients daily.
- Implemented programming for educational, recreational, and community activities for clients.

PUBLICATIONS

Pendleton-Cole, C. (2021). Collective grief during the double pandemic. *Texas Association for Humanistic Education and Development Newsletter, May 2021*(3), 16-19.

Gerlach, J. & **Cole, C.P.** (2020). Counseling bereaved children and adolescents. In ACA (Eds.), *ACA: Practice Briefs*. https://www.counseling.org/docs/default-source/practice-briefs/acapb_counselingbereavementchildren_fa.pdf

Nelson, K., Vashisht, K., Maza, N., **Pendleton-Cole, C.**, & Rivera, W. (in review). The influence of child abuse prevention program participation on behavioral enhancement.

The Christi Center: **Cole, C.**, Chamra-Barrera, J., Spalding, E., Cochran, T. (2018). *My Feelings Book*. The Christi Center.

NATIONAL CONFERENCES

Maza, N., Nelson, K., & Cole, C. (2020, April). *Enhancing Support for Single Mothers through a Psychoeducational Counseling Group*. American Counseling Association Conference, San Diego, California. [Accepted; Cancelled due to Covid-19 Pandemic]

Nelson, K., Maza, N., Sevillano, A., & Cole, C. (2020, April). *Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness*. American Counseling Association Conference, San Diego, California. [Accepted; Cancelled due to Covid-19 Pandemic]

STATE CONFERENCES

Pendleton-Cole, C. (2020, February). *Training Master's Interns to Implement a Community-Based Family Grief Group: Implications and Recommendations*. Texas Association for Counselor Education and Supervision.

Pendleton-Cole, C. & Sevillano, A. (2019, September). *Resolving Difficulties in Recruiting Minority Clients for Community-Based Research*. Association for Assessment and Research in Counseling Annual Conference, San Antonio, TX.

COMMUNITY ENGAGEMENT

Counselor March 2023 to May 2023

The Student Support Center, Corpus Christi, TX

- Provided counseling to students during their time in an alternative school setting.
- Provided wellness activities to support teachers during testing week.

Program Facilitator July 2020

VANTAGE Group

- Provided a vocational empowerment group for teen girls.
- Introduced evidence-based career group counseling and facilitated discussion between participants and mentors.

Program Facilitator December 2019 to February 2020

CASA Youth Yoga Workshop

- Partnered with CASA to provide yoga and mindfulness workshops for youth in foster care in the South Texas area.

Program Counselor Supervisor August 2018 to 2021

Family Night Out, Corpus Christi, TX

- Provided supervision to master's level counseling interns administering bi-weekly family psychoeducational group sessions.

Program Leader February 2018 to 2022

Safety Compass Child Abuse Prevention Program, Corpus Christi, TX

- Provided psychoeducation to children and families to help prevent child abuse, improve self-esteem, and enhance parent-child relationships.

Program Facilitator January 2019 to May 2019
Spanish DBT Group, Corpus Christi, TX

- Co-facilitated a DBT skills group in Spanish for Spanish speaking community members.

Program Counselor Supervisor September 2019 to December 2019
CODART Bereavement Group

- Supervised master's level students in providing an arts-based family grief counseling group
- Organized and implemented a family grief counseling group

Program Counselor Supervisor September 2018 to March 2020
In-School Parenting Groups, Corpus Christi, TX

- Created and implemented groups for parents in local schools designed to address topics such as test anxiety, discipline, depression, and suicide.
- Supervised master's students in implementing parenting groups in schools.

PROFESSIONAL WORKSHOPS

Pendleton-Cole, C., & Maza., N. (2020, May). *Suicide Prevention Training*. Presented for Antonio E. Garcia Arts & Education Center - a Texas A&M University-Corpus Christi affiliation, Corpus Christi, TX.

Pendleton-Cole, C. (2020, February). *Basics of Sandtray Therapy*. Presented at Antonio E. Garcia Arts & Education Center, Corpus Christi, Texas.

Pendleton-Cole, C. (2020, January). *Basics of Sandtray Therapy*. 3-hour workshop for counseling students at Texas A&M University—Corpus Christi, Corpus Christi, TX.

Gerlach, J. M. & **Pendleton-Cole, C.** (2020, February). *Bereavement counseling*. 7-hour workshop for counseling students, alumni, and community members at Texas A&M University – Corpus Christi, Corpus Christi, TX.

Maza, N. & **Pendleton-Cole, C.** (2020, February). *Mandated Reporting Training*. Presented at Antonio E. Garcia Arts & Education Center, Corpus Christi, Texas.

Pendleton-Cole, C., Maza., N, Sevillano, A. (2020, January). *Suicide Prevention Training*. Presented for Antonio E. Garcia Arts & Education Center - a Texas A&M University-Corpus Christi affiliation, Corpus Christi, TX.

Smith, R. L., **Pendleton-Cole, C., Maza, N.** (2019, October). *Masters Comprehensive Exam Workshop: Career Counseling*. Presented at Texas A&M University- Corpus Christi, Corpus Christi, Texas.

Pendleton-Cole, C., Maza., N, Sevillano, A. (2019, May). *Suicide Prevention Training*. Presented for Antonio E. Garcia Arts & Education Center - a Texas A&M University-Corpus Christi affiliation, Corpus Christi, TX.

Gerlach, J. M. & **Pendleton-Cole, C.** (August 2019). *Bereavement counseling*. 7-hour workshop for counseling students, alumni, and community members at Texas A&M University – Corpus Christi, Corpus Christi, TX.

PROFESSIONAL AFFILIATIONS

International Association for Resilience and Trauma Counseling	2022-Present
Chi Sigma Iota	2020-Present
American Counseling Association,	2018-2022
Association for Counselor Education and Supervision, 2019-2022	
Association for Assessment and Research in Counseling, 2019-2022	
Texas Counseling Association,	2018-2022
Texas Association for Counselor Education and Supervision, 2019-2022	

PROFESSIONAL SERVICE AND LEADERSHIP

Editorial Assistant	2019/2020
<i>Journal of College Counseling</i>	

PROFESSIONAL DEVELOPMENT

Texas Association for Counselor Education and Supervision Conference, San Antonio, TX:
February 2020

Association for Counselor Education and Supervision Conference, Seattle, WA: October, 2019

Association for Assessment and Research in Counseling Annual Conference, San Antonio, TX:
September, 2019

GRANTS AND FUNDING

NBCC Foundation Minority Fellowship Program for Mental Health Practitioners, Doctoral (Fall, 2018). Pendleton-Cole, C.
\$20,000 (unfunded)

REFERENCES

Dr. Richard Ricard, Ph.D., LPC-S
Associate Dean & Professor of Counseling & Educational Psychology
Texas A&M University-Corpus Christi

Email: Richard.Ricard@tamucc.edu
Phone: 361-825-2731

Dr. Kristina Nelson, Ph.D., NCC
Associate Professor, School of Psychology and Counseling
LeTourneau University
Email: kristinanelson@letu.edu
Phone: 386-624-5688

Dr. Nora Maza, Ph.D., LPC-A
Assistant Professor, Clinical Mental Health Counseling
Seattle University
Email: nmaza@seattleu.edu
Phone: 361-658-5310