

Ashley E. Coombs, Ph.D., LPC, ACS, NCC, CAADC

EDUCATION

- Ph.D. in Counselor Education & Supervision Dec. 2021
Indiana University of Pennsylvania, Indiana, PA
Dissertation Title: *Integrating Multicultural and Social Justice Counseling Competencies into Practicum Training Experiences: A Case Study*
- MA in Clinical Mental Health Counseling Dec. 2014
Indiana University of Pennsylvania, Pittsburgh, PA
- BA in Psychology May 2012
Shippensburg University, Shippensburg, PA

LICENSES & CERTIFICATIONS

- Licensed Professional Counselor (LPC-PA) #PC010273
Approved Clinical Supervisor (ACS) #3171
Board Certified Counselor (NCC) #347575
Certified Advanced Alcohol and Drug Counselor (CAADC) #10440

PROFESSIONAL EXPERIENCE

Full-Time Teaching & Academic Experience:

- Assistant Clinical Professor** Sept. 2023-Present
Online Clinical Mental Health Counseling Program
Seattle University, Seattle, WA
 - Course modalities: online, asynchronous
- Tenure-Track Associate Professor** Aug. 2022-Aug. 2023
Counseling Department, Clinical Mental Health Program
Thiel College, Greenville, PA
 - *Research Methodology*
 - Course modalities: in-person
 - *Multicultural and Social Justice Issues*
 - Course modalities: in-person
 - *Group Dynamics Theory*
 - Course modalities: in-person
 - *Counseling Personality & Theory*
 - Course modalities: online, synchronous
 - *Human Growth and Development Over the Lifespan*
 - Course modalities: online, synchronous

Tenure-Track Assistant Professor

Aug. 2020-Aug. 2022

Department of Counselor Education & Student Affairs
Kutztown University, Kutztown, PA

- *Field Experience in Clinical Mental Health Counseling*
 - Course modalities: in-person
- *Tests & Assessments in Counseling*
 - Course modalities: in-person/online hybrid
- *Psychological Trauma & Addiction*
 - Course modalities: in-person/online hybrid;
online synchronous
- *Cognitive Behavior Therapy (CBT) in Counseling*
 - Course modalities: online, asynchronous
- *Social Justice Counseling*
 - Course modalities: online, asynchronous
- *Fundamentals of Counseling*
 - Course modalities: in-person/online hybrid
- *Research Methods in Counseling*
 - Course modalities: online, synchronous
- *Group Processes Seminar*
 - Course modalities: in-person
- *Disaster Mental Health Counseling*
 - Course modalities: online, asynchronous

Part-Time Teaching & Academic Experience:**Adjunct Faculty**

Aug. 2023-Dec. 2023

Department of Counseling and Behavioral Health
University of Pittsburgh, Pittsburgh, PA

- *Counseling Theories and Techniques*
 - Course modalities: in-person

Guest Lecturer

Counseling and Family Therapy Program
La Salle University, Philadelphia, PA

Feb. 2023

- *Insight-Oriented Approaches in Counseling and Psychotherapy*
 - “Existential counseling”

Guest Lecturer

Counseling Program
Central Michigan University, Mt. Pleasant, MI

Dec. 2021

- *Counseling Theories*
 - “Integrating the MSJCC into counseling practice”

Guest Lecturer

Nov. 2021

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Clinical Mental Health Counseling*
 - “Pursuing licensure post-graduation”

Adjunct Faculty

Aug. 2019-May 2020

Department of Social Sciences & Criminal Justice
Pennsylvania Highlands Community College, Ebensburg, PA

- *Introduction to Counseling*
 - Course modalities: in-person
- *General Psychology*
 - Course modalities: in-person; online synchronous
- *Abnormal Psychology*
 - Course modalities: in-person
- *Human Development Across the Lifespan*
 - Course modalities: in-person; online synchronous

Temporary Faculty

Aug. 2019-Dec. 2019

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Clinical Mental Health Individual Counseling Practicum*
 - Course modalities: in-person

Guest Lecturer

Oct. 2018

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Group Counseling Theory*
 - “Process & persistence: How to effectively conduct a literature review”

Guest Lecturer

Sept. 2018

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Crisis & Addiction Counseling*
 - “Safety & assessment in crisis counseling”

Guest Lecturer

May 2018

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Preparation for the Professoriate: Teaching in Counselor Education*
 - “The use of creativity in counseling”
(Zoom classroom software utilized for online lecture)

Guest Lecturer

April 2018

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Assessment Procedures for Clinical Mental Health Counselors*
 - “Career assessment in counseling”

Guest Lecturer

March 2018

Department of Professional Studies in Education
Indiana University of Pennsylvania, Indiana, PA

- *Qualitative & Mixed Method Research in Education*
 - “Considerations for multiculturally competent research

Supervision Experience:**Clinical Coordinator**

Jan. 2023-Aug. 2023

Counseling Department
Thiel College, Greenville, PA

- *Master’s level Clinical Mental Health Counseling students*

Field Experience Supervisor

Aug. 2021-May 2022

Department of Counselor Education & Student Affairs
Kutztown University, Kutztown, PA

- *Master’s level Clinical Mental Health Counseling students*

Practicum Supervisor

Aug. 2019-Dec. 2019

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Master’s level Clinical Mental Health Counseling students*

Practicum Supervisor

Aug. 2018-Dec. 2018

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Master’s level Clinical Mental Health Counseling students*

Clinical Experience:**Licensed Professional Counselor**

May 2020-Dec. 2022

Online Counseling

- *Independent Contractor*

Licensed Professional Counselor

Nov. 2018-Aug. 2020

Counseling & Wellness Center of Pittsburgh, Monroeville, PA

- *Private Practice*

Outpatient Drug & Alcohol/Mental Health Counselor

May 2018-Sept. 2018

SPHS CARE Center, Washington, PA

Certified Addictions Counselor II

Oct. 2017-May 2018

Pennsylvania Psychiatric Institute, Harrisburg, PA

Outpatient Drug & Alcohol/Mental Health Therapist

Sept. 2016-Mar. 2017

Pennsylvania Counseling Services, Chambersburg, PA

Transition Age Care Coordinator

July 2015-Feb. 2016

SPHS Behavioral Health, Charleroi, PA

Outpatient Drug & Alcohol/Mental Health Counselor Mar. 2015-Sept. 2016
SPHS CARE Center/SPHS Behavioral Health, Washington, PA

Family-Based Therapist June 2014-June 2015
Pressley Ridge, Washington, PA

Mental Health Counselor III Nov. 2013-May 2014
Pittsburgh Mercy Behavioral Health, Pittsburgh, PA

Research Experience:

Graduate Assistant Jan. 2019-Aug. 2019
CACREP Self-Study for IUP Doctoral Program with Dr. Kim Desmond
Indiana University of Pennsylvania, Indiana, PA

Volunteer Researcher 2013-2014
Ruling Our eXperiences (ROX) Girls Youth Program with Dr. Michelle Bruno Indiana
University of Pennsylvania, Indiana, PA

Volunteer Researcher 2013
Evaluative Feedback Experiences in Supervision with Dr. Sibyl West
Indiana University of Pennsylvania, Indiana, PA

SCHOLARLY WORK

Presentations

National:

Ybañez-Llorente, K., Prasath, P. R., Guth, L. J., **Coombs, A. E.**, & Champe, J. (2023, April). *Meeting the needs of marginalized populations through group work*. Education session presented at the annual conference of the American Counseling Association, Toronto, CA.

Sager-Heinrichs, B., & **Coombs, A. E.** (2022, February). *The ethical implications for clients seeking addiction treatment with a trauma history*. Virtual education session presented at the annual Law and Ethics in Counseling Conference.

Coombs, A. E., & Sager-Heinrichs, B. (2021, October). *Tenure-track and ABD: Learned lessons for obtaining a faculty position while finishing your doctorate*. Poster session presented to the biennial conference of the Association for Counselor Education and Supervision, Atlanta, GA.

Coombs, A. E., & Pollard-Kosidowski, B. L. (2021, March). *Social justice for all: An ethical imperative for the inclusion of the MSJCC in practicum training experiences*. Virtual education session presented at the annual Law and Ethics in Counseling Conference.

Coombs, A. E., & Sager-Heinrichs, B. (2021, March). *One for all: Ethical considerations for the alignment of addiction counseling credentials*. Virtual education session presented at the annual Law and Ethics in Counseling Conference.

Shannon, E., Peace, E., & **Coombs, A. E.** (2020, February). *Changing the code: A case for reframing the ACA's approach to multicultural competency*. Roundtable session presented at the annual Law and Ethics in Counseling Conference, New Orleans, LA.

Coombs, A. E., & Sager-Heinrichs, B. (2019, October). *The hardest balancing act: Maintaining wellness as a counselor-educator-in-training while avoiding professional identity burnout*. Roundtable session presented at the biennial conference of the Association for Counselor Education and Supervision, Seattle, WA.

Coombs, A. E. & Corbett-Contorchick, L. (2019, February). *Re-imagining a competency-based approach to multicultural supervision: An ethical imperative*. Roundtable session presented at the Law and Ethics in Counseling Conference, New Orleans, LA.

Desmond, K. J., Mallis, S., Andrews, R. & **Coombs, A. E.** (2018, April). *Continued professional development: Is a Ph.D. for me?* Roundtable session presented at the annual conference of the American Counseling Association, Atlanta, GA.

Coombs, A. E., & Bruno, M. (2015, October). *Into the unknown: First-generation counseling students' challenges and obstacles to success post-graduation*. Roundtable session presented at the biennial conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

Bruno, M. & **Coombs, A. E.** (2015, October). *Leading by example: Teaching students culturally relevant skills through service learning*. Education session presented at the biennial conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

Hyatt-Burkhart, D. & **Coombs, A. E.** (2015, October). *Incorporating culturally sensitive systems-focused approaches in the teaching of non-family-oriented coursework*. Education session presented at the biennial conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

West, S. & **Coombs, A. E.** (2013, October). *A counselor education program's model for gatekeeping practices: Examining the Student Review Process*. Education session presented at the biennial conference of the Association for Counselor Education and Supervision, Denver, CO.

Regional:

Homer, M., & **Coombs, A. E.** (2022, November). *Building bridges between drug and alcohol counseling culture: A focus on research and application*. Education session accepted to the biennial conference of the North Atlantic Region for Counselor Education and Supervision, Pittsburgh, PA.

Coombs, A. E. (2022, February). *End of an era: Moving away from the 'Big T, Little t' framework for understanding trauma in counseling*. Virtual education session presented to the annual meeting of the Greater Philadelphia Area Counseling Association Trauma Symposium.

Coombs, A. E., & Sager-Heinrichs, B. (2020, November). *Avoiding burnout before graduation: Wellness in the professional identities of doctoral students*. Education session accepted to the biennial conference of the North Atlantic Region Association for Counselor Education and Supervision, Pittsburgh, PA.

State:

Coombs, A. E., Guy, K., & Boratyn, M. (2023, April). *Millennials to Gen Z's: Exploring generational views on wellness and burnout among counselor trainees*. Education session presented to the annual meeting of the Chi Sigma Iota Pennsylvania-Statewide Conference, Indiana, PA.

Pollard-Kosidowski, B. L., **Coombs, A. E.,** Jancay, K., Resurreccion, A., Buchanan, L., & Cuampa, T. (2022, October). *Pennsylvania Association for Specialists in Group Work: Empowering group members to become agents of change*. Panel discussion presented to the annual conference of the Pennsylvania Counseling Association, Pittsburgh, PA.

Sager-Heinrichs, B., & **Coombs, A. E.** (2022, October). *Trauma and addiction counseling in private practice: Best practices and ethical implications*. Education session presented to the annual conference of the Pennsylvania Counseling Association, Pittsburgh, PA.

Coombs, A. E., Sager-Heinrichs, B., & Pursell, R. (2021, November). *Crash at the intersection: Addressing trauma and addiction with an intersectionality framework in counseling*. Education session presented to the annual conference of the Pennsylvania Counseling Association, Valley Forge, PA.

Coombs, A. E., & Pollard-Kosidowski, B. L. (2021, November). *Socially just training = socially just practice: Integrating the MSJCC into clinical experiences*. Education session presented to the annual conference of the Pennsylvania Counseling Association, Valley Forge, PA.

- Lund, S., Green, C., Hanna, T., & **Coombs, A. E.** (2021, November). *PCA Committee for Anti-Racism and Inclusive Action (CARIA): Origins, purpose, and future directions*. Education Session presented to the annual conference of the Pennsylvania Counseling Association, Valley Forge, PA.
- Andrews, R., & **Coombs, A. E.** (2020, April). *Counselor self-marketing: Strategies and tips for maximizing employability*. Education session accepted to the annual conference of the Chi Sigma Iota Statewide Conference, Shippensburg, PA.
- Coombs, A. E.**, & Sager-Heinrichs, B. (2019, November). *The struggle is real: Understanding wellness and counselor educator-in-training professional identity development*. Education session presented at the annual conference of the Pennsylvania Counseling Association, State College, PA.
- Peace, E., & **Coombs, A. E.** (2019, November). *Politicizing self-care: Understanding the needs of social justice counseling advocates in today's global context*. Poster session presented at the annual conference of the Pennsylvania Counseling Association, State College, PA.
- Coombs, A. E.** (2018, November). *Raising certification standards for addiction counselors: Implications and advocacy for the profession*. Roundtable session presented at the annual conference of the Pennsylvania Counseling Association, Pittsburgh, PA.
- Coombs, A. E.**, & Lasinsky, E. (2018, November). *Walking our talk: The role of wellness in the professional identity of counselors*. Roundtable session presented at the annual conference of the Pennsylvania Counseling Association, Pittsburgh, PA.
- Coombs, A. E.** (2015, November). *Crossing the border: Bridging the gap between cultural competency and counselor education*. Poster session at the annual conference of the Pennsylvania Counseling Association, State College, PA.
- Coombs, A. E.**, Kramer, C., Fialla, S. & Bruzda, L. (2014, November). *From the ground up: A career counseling program for survivors of intimate partner violence*. Poster session at the annual conference of the Pennsylvania Counseling Association, State College, PA.
- Hawk, K., Scanlon, A. & **Coombs, A. E.** (2014, November). *PCA's government relations committee: Advocating for PA counselors*. Presentation at the annual conference of the Pennsylvania Counseling Association, State College, PA.

Local:

Coombs, A. E., Reviere, E., Pursell, R., & Belskie, E. (2022, March). *Fostering resiliency in the wake of trauma: How to attend to self-care using a social justice framework.* Education session presented at the 12th annual meeting of Commission on Human Diversity Conference, Kutztown University, Kutztown, PA.

Coombs, A. E. (2021, February). *Virtual learning and student engagement: Tips for incorporating Mentimeter.* Presentation at the Center for the Enhancement of Teaching, Kutztown University, Kutztown, PA.

Invited Presentations:

Coombs, A. E. (2022, March). *Trauma and addiction in group work: Strategies for best practice.* Educational webinar to be presented to the Pennsylvania Association for Specialists in Group Work.

Coombs, A. E. (2022, March). *Obtaining counseling licensure: What they don't tell you about the process.* Education session presented at the Chi Omega Upsilon-Chi Sigma Iota Informational Event, Kutztown University, Kutztown, PA.

Johnson, N., Bloh, C., **Coombs, A. E.,** & Fountain, H. (2021, June). *Reaching and teaching: Diverse strategies for diverse learners.* Panel presentation at the annual summer teaching conference of the Center for the Enhancement of Teaching, Kutztown University, Kutztown, PA.

SERVICE

Professional Service:

Chair, Conference Planning Committee
Association for Specialists in Group Work

July 2020-Present

Past-President
Pennsylvania Association for Specialists in Group Work

July 2021-July 2022

Secretary, Committee for Anti-Racism and Inclusive Access
Pennsylvania Counseling Association

Apr. 2021-Oct. 2022

Member/Co-Vice Chair, Membership Committee
International Association for Resilience & Trauma Counseling

Oct. 2021-Aug. 2022

Emerging Leader
Association for Counselor Education and Supervision

Jun. 2021-Jun. 2022

Co-Chair, Professional Development Committee
Pennsylvania Counseling Association

Jun. 2021-Jun. 2022

Volunteer Coordinator, Conference Planning Committee
Pennsylvania Counseling Association Feb. 2021-Nov. 2021

President Sept. 2019-Jun. 2021
Pennsylvania Association for Specialists in Group Work
• *Recipient of the ASGW Outstanding State Branch Award (2019)*

Committee Member, Committee for Anti-Racism and Inclusive Access Feb. 2021-Apr. 2021
Pennsylvania Counseling Association

Taskforce Member, Anti-Racism Taskforce June 2020-Jan. 2021
Pennsylvania Counseling Association
• *Recipient of the David W. Hall Advocacy Award (2021)*

Committee Member, Conference Planning Committee Sept. 2018-July 2020
Association for Specialists in Group Work

Committee Member, Conference Planning Committee Dec. 2018-Aug. 2020
North Atlantic Region Association for Counselor Education
& Supervision
• *CACREP Training Subcommittee*

Secretary-Treasurer Sept. 2017-Sept. 2019
Pennsylvania Association for Specialists in Group Work

Conference Volunteer Coordinator Aug. 2019-Feb. 2020
Association for Specialists in Group Work

Graduate Student Liaison 2014-2015
Pennsylvania Counseling Association

Volunteer Service:

Editorial Board Member Aug. 2022-Present
International Journal for the Advancement of Counselling

Editorial Board Member July 2021-Present
Journal for Specialists in Group Work

Conference Proposal Reviewer June 2023
American Counseling Association

Conference Proposal Reviewer June 2022
American Counseling Association

Conference Proposal Reviewer August 2021
American Counseling Association

Conference Proposal Reviewer April 2021
Association for Counselor Education and Supervision

Peer Reviewer, Graduate Student Newsletter Jan. 2020-Jan. 2021
Association for Spiritual, Ethical & Religious Values in Counseling

Student Volunteer Oct. 2019
Association for Counselor Education & Supervision Conference

Conference Proposal Reviewer Mar. 2019
Chi Sigma Iota-Pennsylvania Statewide Conference

Student Volunteer April 2018
American Counseling Association Conference

Student Volunteer Nov. 2015
Pennsylvania Counseling Association Conference

College/University, College, Department, and Program Service:

College/University Activities

Member, Faculty Search Committee Oct. 2022-April 2023
Thiel College, Greenville, PA

Member, Institutional Review Board (IRB) Jan. 2023-Aug. 2023
Thiel College, Greenville, PA

Chapter Faculty Advisor, Counselors for Social Justice (CSJ). Aug. 2022-Aug. 2023
Thiel College, Greenville, PA

- *Application under review for national CSJ recognition*

Member, College of Education Diversity & Equity Committee Sept. 2021-Aug. 2022
Kutztown University, Kutztown, PA

Member, Joint Taskforce on Shared Governance Jun. 2021-May 2022
Kutztown University, Kutztown, PA

College of Education Representative, Honorary Degree Committee Aug. 2021-Aug. 2023
Kutztown University, Kutztown, PA

Peer/Expert Reviewer Feb. 2021-March 2021
Faculty Professional Development Council Annual Grant
Competition
Pennsylvania State System of Higher Education (PASSHE)

Departmental/Programmatic Activities

Member, Counseling Department Admissions Committee
Kutztown University, Kutztown, PA
October 2021-Aug. 2022

Member, Temporary Faculty Promotion, Evaluation & Tenure Committee
Counselor Education and Student Affairs Department
Kutztown University, Kutztown, PA
September 2021-Aug. 2022

Chapter Faculty Advisor
Chi Sigma Iota-Chi Omega Upsilon Chapter
Kutztown University, Kutztown, PA
Aug. 2021-Aug. 2022

2016 CACREP Standards Alignment
Counselor Education and Student Affairs Department
Kutztown University, Kutztown, PA
March 2021-Aug. 2022

- *Review and revise all program syllabi of record to align with 2016 CACREP Standards.*

Executive Board Advisor/Past-President
Chi Sigma Iota-Iota Upsilon Pi Chapter
Indiana University of Pennsylvania, Indiana, PA
June 2019-May 2020

CSI Counseling Career Expo Coordinator
Chi Sigma Iota-Iota Upsilon Pi Chapter
Indiana University of Pennsylvania, Indiana, PA
Apr. 2019

Faculty Search Student Interview Facilitator
Indiana University of Pennsylvania, Indiana, PA
Mar. 2019

President
Chi Sigma Iota-Iota Upsilon Pi Chapter
Indiana University of Pennsylvania, Indiana, PA
Aug. 2018-May 2019

President
Counselor Education Student Association
Indiana University of Pennsylvania, Pittsburgh, PA
Sept. 2012-May 2013

Curriculum Co-construction
Department of Counseling
Indiana University of Pennsylvania, Indiana, PA
May 2015-Aug. 2015

- *Women's Issues in Counseling*

Curriculum Co-construction

May 2015-Aug. 2015

Department of Counseling

Indiana University of Pennsylvania, Indiana, PA

- *Wellness in Counseling*

Academic Recovery Assistant

Jan. 2013-Nov. 2013

Indiana University of Pennsylvania, Indiana, PA

ORGANIZATIONAL MEMBERSHIPSAcademic Memberships:

Counselors for Social Justice (CSJ)

2022-2023

- *College Chapter*, Thiel College
 - Application under review for national CSJ recognition

Chi Sigma Iota (CSI)

- *Chi Omega Upsilon Chapter*, Kutztown University

2021-Present

- *Iota Upsilon Pi Chapter*, Indiana University of Pennsylvania

2013-2021

Professional Memberships:

American Counseling Association (ACA)

2012-Present

Association for Counselor Education and Supervision (ACES)

2013-Present

Association for Specialists in Group Work (ASGW)

2018-Present

Counselors for Social Justice (CSJ)

2018-Present

International Association for Counselling (IAC)

2022-Present

North Atlantic Region Association for Counselor Education

2018-Present

and Supervision (NARACES)

Pennsylvania Counseling Association (PCA)

2013-Present

Pennsylvania Association for Counselor Education and Supervision (PACES)

2018-Present

Pennsylvania Association for Specialists in Group Work (PASGW)

2018-Present

International Association of Addictions & Offender Counselors (IAAOC)

2018-Present

International Association for Resilience and Trauma Counseling (IARTC)

2020-2022