

Curriculum Vitae
JAMESON E. NATWICK
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CONTACT INFORMATION

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EDUCATION

Ph.D., Human Development and Family Science
Specialization: Marriage and Family Therapy
Virginia Polytechnic Institute and State University, Blacksburg, VA

M.S., Marriage and Family Therapy **2020**
Seattle Pacific University, Seattle, WA

Certificate of Completion, Pre-Theology **2015**
Mount Angel Seminary, Mt. Angel, OR
Completed coursework equivalent to a Bachelor's in Philosophy

B.A., Psychology, Carroll College, Helena, MT **2011**
Academic Honors.

LICENSES

Licensed Marriage and Family Therapist (WA) **2010**

TEACHING EXPERIENCE

Instructor of Record **April 2019 – Present**

Research Methods I (MFT 6700)
Seattle Pacific University

Winter Quarter 2020

- Taught qualitative and quantitative methods to graduate students, focusing on the connection between research and clinical practice.
- Facilitated activities, assignments, and discussions to provide students practical and theoretical knowledge.

Spiritually-Infused Systemic Child and Adolescent Treatment (STMC 5760) Summer 2019
Seattle University

- Responsible for prepping a course that met all day for two weekends.
- Engaged students through multiple modes of teaching, such as in-class activities, experiential activities, large and small group discussions, reflection worksheets, and lectures.

Human Sexuality (HD 2314; Online) Sum. 2017; Fall 2017; Spr. 2018; Winter 2019
Virginia Polytechnic Institute and State University

- Facilitated online courses on human sexuality.
- Development assignments and discussion for students to assist students in meeting the objectives of the course.
- Designed exams and conducted grading for the course.

Child and Adolescent Development (HD 1004) Spring 2017; Fall 2018
Virginia Polytechnic Institute and State University

- Responsible for independently teaching Introduction to Human Development to undergraduate students in a classroom setting.
- Created lectures, designed exams, and conducted grading for the course.
- Promoted an engaging classroom setting with class activities and application of content to everyday life.

Teaching Supervision

Graduate Teaching Assistant: Graduate Teaching Seminar Fall 2018; Spring 2019
Virginia Polytechnic Institute and State University

- Provided senior evaluations of graduate students who were an instructor of record.
- Mentored graduate students in classroom dilemmas and support for utilizing online teaching platforms.

Summer Teaching Supervisor Summer 2018
Virginia Polytechnic Institute and State University

- Supervisor to graduate students teaching online summer courses.
- Provided advice, checked syllabuses, and problem solved issues that arose for instructors.

Guest Lecturer

What is Mental Health? September 2021
Saint Martin's University

Mental Health, Coping, and COVID-19 April 2021
Saint Martin's University

Mental Health First Aid – Training for Resident Assistants January 2021; August 2021
Saint Martin's University

- Human Sexuality (HD 2314)** **March 2019**
Virginia Polytechnic Institute and State University
- Lectured on sexual dysfunctions and disability
- HDFS Teaching Seminar (HD 5974)** **March 2019**
Virginia Polytechnic Institute and State University
- Presented on the development and evaluation of short answer questions, essays, and discussion posts.
 - Facilitated activities to help students practice evaluating student work.
- HDFS Teaching Seminar (HD 5974)** **October 2018**
Virginia Polytechnic Institute and State University
- Gave a lecture on "Teaching the Students you Have, Not the Students you Want".
 - Facilitated activity and discussion with graduate students in the seminar.
- Experiential Interventions in Therapy** **April 2018**
University of Maryland
- Lead experiential activities that could be used in therapy in the classroom.
 - Discussed theoretical foundations for experiential therapy.
- Human Sexuality (HD 2314)** **November 2017**
Virginia Polytechnic Institute and State University
- Prepared lecture and activity on Gender Development and Identity.
- Introduction to Disabilities Studies (HD 2984)** **February 2017**
Virginia Polytechnic Institute and State University
- Discussed clinical challenges that are present for individuals, families, and the larger system in advocating and treating disabilities.
- Child and Adolescent Development (HD 1004)** **November 2016**
Virginia Polytechnic Institute and State University
- Prepared lecture, created PowerPoint, and lead activity on social and personality development in middle childhood.
- Child and Adolescent Development (HD 1004)** **October 2016**
Virginia Polytechnic Institute and State University
- Created lecture and PowerPoint on social and personality development in infancy.
 - Facilitated an in-class activity demonstrating the social awareness of infants.
- Assessments & Testing in Family Therapy (MFT 6620)** **May 2015**
Seattle Pacific University
- Taught a graduate-level class on experiential assessment skills and theory.

Teaching Assistant

Graduate Teaching Apprentice: Child and Adolescent Development (HD 1004) Fall 2016

Virginia Polytechnic Institute and State University

- Actively assisted in grading, learning course objectives, and learning teacher's obligations for instructing the course.
- Facilitated class activities and organized content for the classes.

Graduate Assistant for Claudia Grauf-Grounds, Ph.D.

2014- 2015

Seattle Pacific University

- Responsible for grading papers and exams for the course Assessment & Testing in Family Therapy.

CLINICAL EXPERIENCE

Saint Martin's University

2020 - Present

Professional Mental Health Counselor

- Provide brief short-term therapy to undergraduate and graduate students.
- Collaborate with multiple departments to support and enhance wellness for students, faculty, and staff.

Allenmore Psychological Associates

2019 – 2020

Clinical Associate

- Working as a clinician providing individual, couple, and family counseling to the greater Tacoma area.

Family Therapy Center: Virginia Tech

2017-2018

Marriage and Family Therapist

- Provided 400+ hours of individual, couple, and family therapeutic services to Virginia Tech students, and the surrounding Appalachia area.
- Participated in training regarding cultural competency in Appalachia and rural populations.

Graduate assistant for the Family Therapy Center

2017-2018

Virginia Polytechnic Institute and State University

- Assisted in the setup of Titanium software for clinical notes, developing assessment and intake forms.
- Completed the IRB application for the Practice Research Network which will be used to collect clinical data from clients of the Family Therapy Center.

Compass Health: Children Intensive Services **2015-2016**

Child and Family Therapist

- Worked as a leader of an intensive wraparound team advocating and providing treatment to keep children from hospitalization.
- Functioned as an individual or family therapist for clients and/or families of clients completing 500+ hours of direct client contact therapy.
- Collaborated with other systems of care in the community about the needs of the clients and their families.

Dickinson Fellowship: Student Fellow **2014-2015**

Seattle Pacific University

- Discussed with members of the Fellowship the topic of encountering people suffering from severe mental illness through literature, research, and presenters.
- Explored issues about mental health from clinical, legal, and family perspectives.
- Participated in NAMI meetings, attended Drug and Mental Health Court, and provided a service project at Clean Start in Seattle, WA.

Lori Thompson Therapy **2014-2015**

Therapist Intern

- Delivered therapeutic services for children, individuals, couples, and families.
- Completed 500 hours of direct client hours including individual, couple, and family therapy, play therapy, individual, and co-therapy.

Shodair Psychiatric Children's Hospital **2012-2013**

Mental Health Technician

- Provided direct care of patients in an inpatient setting. Constant interaction with patients, responsible for providing a safe environment and patients' well-being.
- Encouraged patients to meet treatment goals, documented the progress of each patient and informed clinical staff of observations and conversations with patients.

3 Rivers Mental Health Solutions **May 2011-December 2011**

Case Manager

- Advocated, supported, and assisted fifteen mentally disabled adults in obtaining resources, services, and outreach within the community to help them stabilize their mental health.
- Coordinated appointments with medical doctors, psychiatrists, therapists, and other social services. Attended appointments to voice the needs and concerns of each client.

Family Outreach Inc. **2009-2010**

Direct Service Provider

- Responsible for a mentally disabled adult in a one on one environment. Taught life skills to promote independence.
- Assisted clients with household chores, errands, or recreational activities.

CLINICAL TRAININGS

Eye Movement Desensitization Reprocessing (EMDR) 2022

Certified by EMDRIA

- Completed both training weekends and necessary supervision as outlined by EMDRIA.

Suicide Risk and Assessment 2015 & 2021

Certified by Washington State

- Educated in risk assessment of suicide, modes to encounter suicide risk, and procedures necessary for clinicians to take when a client is suicidal.
- Informed about at-risk populations and cultural diversity concerning suicide, how clinicians can best encounter different populations and the risk factors within different cultures.

Walking the Delicate Balance: Working Systemically with Complex Developmental Trauma. 2017

Certified by Virginia Association for Marriage and Family Therapy

- Completed training focuses on utilizing attachment, attunement, and aggravation when working with families with complex trauma.

WISe (Wraparound with Intensive Services) Certified 2015

Certified by Washington State

- Trained to implement and partake in Warp-Around Intensive Services as a therapist and to understand the role of other team members.

CPI Training (Crisis Prevention Institute) 2015

Certified by the Crisis Prevention Institute

- Received education on escalation cycle and interventions clinician can use to avoid physical restraints when escalation occurs.
- Learned proper techniques to physically restrain individuals in the least resistive and harmful manner.

CANS (Child and Adolescent Needs and Strengths) Certified 2015

Certified by the John Praed Foundation

- Completed training of CANS assessment for children or adolescents and their families.
- Utilized CANS assessment tool with clients and developed treatment plans.

Prepare-Enrich Facilitator 2013

- Competent in the course work of Prepare-Enrich and completed necessary training to be a facilitator for pre-marital work or marriage enrichment.
- Knowledgeable of interventions and techniques used through Prepare-Enrich and implementing skills with couples in therapeutic sessions.

SUPERVISION EXPERIENCE

Supervise LMFTA In Private Practice

January 2022 - Present

Jameson Natwick Counseling, LLC

- Meet with supervisee twice of month to review clinical caseload and ensure best practices in supervisee's private practice.
- Process legal and ethical questions and situations that supervisee encounters and ensure supervisee is responding appropriately to these situations.

Supervised Graduate Interns

2020 - Present

Saint Martin's University

- Meet with graduate interns to discuss intern's clinical caseload, questions, and to ensure proper care of clients.
- Review treatment plans, case notes, and proper use and storage of confidential documents

AAMFT Approved Supervisor Candidate

May 2019 - Present

PUBLICATIONS

Dolbin-MacNab, M. L., Stucki, B. D., & **Natwick, J. E.** (2019). Grandparenthood: Clinical issues and interventions. In B. Hayslip, Jr. & C. A. Fruhauf (Eds.), *Grandparenting: Influences on the dynamics of family relationships* (pp. 217-232). Springer.

Owen, S. S., Burke, T. W., Few-Demo, A. L., & **Natwick, J.** (2017). Perceptions of the police by LGBT communities. *American Journal of Criminal Justice*, 43, 668-693.
doi:10.1007/s12103-017-9420-8

RESEARCH EXPERIENCE

Doctoral Dissertation: Parental Experiences of Self-Identity and Family Identity after a Child acquires an Acquired Brain Injury

2018 - 2020

Virginia Polytechnic Institute and State University

Academic Advisor Megan Dolbin-MacNab

- *Grounded theory qualitative study*
- *Defended dissertation proposal and currently recruiting participants*
- *Projecting to defend dissertation Spring/Summer 2020*

Older Adults and Smart-Built Environments: FutureHAUS Case Study

2019- 2020

Virginia Polytechnic Institute and State University

Supervisor Megan Dolbin-MacNab

- Investigated places and locations to recruit participants for the study.
- Assisted in coordinating logistics of the study

Research Assistant: CAATS Lab: Media and Cognition Study **2019**

Virginia Polytechnic Institute and State University

Supervisor Ben Katz

- Developed a training manual for coding data from the study and instructed undergraduate students on the procedures.
- Facilitated research protocols with participants who participated in the research study.

Research Team: TRIAD: Bridging the Generations in Grand Families **2018**

Virginia Polytechnic Institute and State University

Supervisor Megan Dolbin-MacNab

- Developed teaching modules for TRIAD, an online learning platform for grandparents raising children.
- Investigated measures to be utilized to assess the effectiveness of TRIAD.

Rural Mental Health Service Providers Experiences with Relational Therapy **2017**

Virginia Polytechnic Institute and State University

Supervisor Erika Grafsky

- Conducted qualitative interviews with clinicians in rural Virginia to capture the experience of clinicians in systemic work in rural areas.
- Completed analysis of data and presented at the Advancing the Human Person Conference.

Research Assistant **Fall 2016**

Virginia Polytechnic Institute and State University

Supervisor April Few-Demo

- Researched supporting articles and writing literature reviews for manuscripts for publication on African American sexual scripts and Asian American dating trends.
- Drafted and reviewed IRB application to an upcoming qualitative research project on LGBTQ+ perceptions of the police

Clinical Portfolio **2013-2015**

Seattle Pacific University

- Researched therapeutic theories of Symbolic Experimental and Object Relations creating an integration of the two theories.
- Implemented integration through clinical experience at my internship.
- Processed through personal epistemology and how these factors influence my philosophical views of therapy.

Graduate Assistant **2014-2015**

Seattle Pacific University

Supervisor Claudia Grauf-Grounds

- Researched software programs for qualitative research for coding interpersonal interactions between couples.
- Assisted with writing proposals for research conferences and research grants.
- Coordinated and reviewed reflections from students, alumni, and supervisors for faculty.

PRESENTATIONS

- El Helou L., Few-Demo, A. I., & **Natwick, J.** (2018, November). *Emerging Adult Men's Communication with Parents about Romantic Relationship Maintenance and Dissolution*. Poster presented at the Annual Conference for the National Council for Family Relations, San Diego, CA.
- Natwick, J.** (2018, August). *Existential Crisis with Environmental Concerns: A Clinical Case*. Poster presented at the 10th Biannual International Conference on Personal Meaning, Vancouver, BC.
- Natwick, J.** (2018, August). *Meaning-in-Life and Counseling: Encountering Ambiguous Loss*. Presentation at the 10th Biannual International Conference on Personal Meaning, Vancouver, BC.
- Natwick, J.** (2018, August). *What we learn in the dark: Resilience, purpose, flourishing, and the need for relationships*. Presentation at the 10th Biannual International Conference on Personal Meaning, Vancouver, BC.
- Natwick, J.** (2018, June). *The Utilization of Hope with Families in High Crisis*. Presentation at the Annual Conference of the American Family Therapy Academy, Austin, TX.
- Natwick, J.**, Stucki, B., Morgan, A. A. A., & Thomas, M. E. (2017, October). *Experiential Interventions to Enrich Therapy*. Forum presented at the Annual Conference of the American Association of Marriage and Family Therapy, Atlanta, GA.
- Thomas, M. E., Morgan, A. A. A., & **Natwick, J.** (2017, February). *Rural mental health service providers' experiences with relational therapy: A phenomenological informed inquiry*. Poster presented at the Annual Conference on Advancing the Human Condition, Blacksburg, VA.

PROFESSIONAL ORGANIZATIONS

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| American Association of Marriage and Family Therapists
<i>Clinical Fellow</i> | 2013 - Present |
| Washington Association of Marriage and Family Therapy
<i>Member</i> | 2018 - Present |
| Headstrong Association: Supporting Families and Individuals with Pediatric Traumatic Brain Injuries
<i>Board Member</i> | 2019 - 2020 |
| Graduate Academy of Graduate Teaching Excellence- Member
<i>Virginia Polytechnic Institute and State University</i> | 2017 - 2020 |

Virginia Association of Marriage and Family Therapy 2017 - 2019
Member and Student Representative on the Board

AWARDS

Graduate Academy of Graduate Teaching Excellence 2017
Virginia Polytechnic Institute and State University

Dickinson Fellowship: Student Fellow 2015
Seattle Pacific University

Theta Alpha Kappa: National Honor Society for Theology 2009

Psi Chi: National Honor Society for Psychology 2009

LEADERSHIP AND SERVICE

Election Committee Board Chair 2021
Washington Association of Marriage and Family Therapy

- *Lead monthly meetings*
- *Facilitated strategies to increase diversity in recruitment*

Board Member 2019-2020
Headstrong Association

- Organize quarterly events for families impacted by TBI
- Address needs and supports that families need and brainstorm ideas to better assist families

Election Committee Board Member 2019- 2020
Washington Association of Marriage and Family Therapy

- Will facilitate the election process of WAMFT Broad Members
- Participant in select board meetings

Student Representative Board Member 2017-2019
Virginia Association of Marriage and Family Therapy

- Participated in board meetings and voicing the perceptions and needs of student members.

Student Representative, Marriage and Family Therapy Program 2017-2018
Virginia Polytechnic Institute and State University

- Advocated students' needs, concerns, and perspectives during bi-weekly meetings with the marriage and family therapy faculty
- Organized program functions to support the scholarly work of students

Family Therapy Center: Undergraduate Mentor **Fall 2017; Summer 2018; Fall 2018**
Virginia Polytechnic Institute and State University

- Engaged with mentees in conversations regarding the therapeutic process and their observations from observing sessions.
- Discussed discernment of the future career and interests of my mentee.
- Outlined the process of graduate school and answered mentees' questions

Student Representative to Marriage and Family Therapy Faculty Meetings **2013-2015**
Seattle Pacific University

- Advocated students' needs, concerns, and perspectives during monthly meetings with the marriage and family therapy faculty.